

Agenda

- Introductions
- Practicalities, Consequences and Tips
- Government Funding
- Support Resources



01

INTRODUCTION: STUDENT LIFE OFFICERS





AUC Student Life Officers

- Lisa van Berkel & Aino Kekkonen
- Provide support and advice for individual students on well-being issues:
 - Mental health
 - Stress
 - Finances
 - Residential issues
 - Anything related to "student life"
 - Strengthen the residential community aspect of AUC program, advise AUC on policies and support systems for student well-being
 - Develop and coordinate the work of the Well-Being Team
- Contact: studentlifeofficer@auc.nl or <u>online booking system</u> to schedule an appointment
- Available: Mon & Tue, Thu & Fri | Open hours 12.30-13.30 in room 3.22



Lisa



Aino



02

PRACTICALITIES

CONSEQUENCES



The baseline of this session

This session assumes three things:

- 1. You are a registered AUC student
- 2. You know your financial obligations
- 3. You have made a plan to meet your financial obligations

We start here, but...

- 1. What happens if you do not or cannot meet your obligations?
- 2. What should you do in those circumstances?
- 3. Tips on managing your finances







Rent due: 1st of month for subsequent month to DUWO

Step 1

- After first week of month, DUWO sends first reminder
- Result: Tenant has 14 days to pay DUWO without extra costs

Step 2

- After 14 days, DUWO sends second reminder
- Result: Tenant has 5 days to pay arrears to DUWO

Step 3

- After 5 days, Lawpoint (bailiff) sends a demand letter to pay arrears to DUWO
- Result: Tenant has 14 days to pay arrears to DUWO

Step 4

- After 14 days, Lawpoint takes ownership of arrears
- Result: can no longer pay DUWO. Must go through the bailiffs.

Late Rent Payment (cont.)



Then what?

- Additional fees due to the bailiff
- Legal proceedings
- Potential eviction

Possible consequences at AUC



Late Tuition Payment

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	UvA	VU
When is direct debit?	Around 24 th of each month for next month	Around 25 th of every other month (September, November, January, March, and May)
Step 1	 If one missed payment (i.e. direct debit fails), an e-mail reminder with a payment link, sent to your Studielink e-mail account. Result: Will have 5 working days to pay without extra costs 	If one missed payment (i.e. direct debit fails), an e-mail reminder about two weeks later, sent to your Studielink e-mail account.
Step 2	 If two missed payments (cumulative), another e-mail message with a payment link Result: UvAnetID will be blocked until the outstanding amount has been paid 	If do not pay within two weeks, a final e-mail reminder two weeks later.



Late Tuition Payment (cont.)

	UvA	VU
Step 3	 If three missed payments (cumulative), a warning e-mail and post letter Result: If you don't pay the outstanding amount within the term mentioned (usually 14 days) your enrollment at the UvA (and thus AUC) will be terminated. UvAnetID will remain blocked until the outstanding amount is max 1 installment 	If you still do not pay within one week of the second reminder, your enrollment at the VU (and thus AUC) will be terminated.

• Then what?

- Cannot access coursework (blocked UvAnet ID)
- Cannot receive diploma and potentially transcripts
- Must leave dorms



Tips for success

Best practices for AUC financial success:

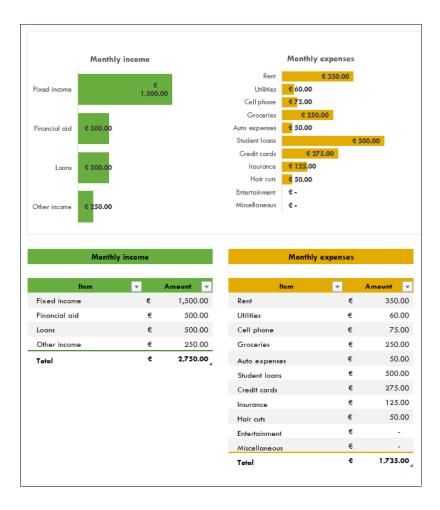
- **Be proactive:** Ask for help when you need it. If you anticipate trouble contact Student Life Officers, UvA Student Counsellors and/or DUWO.
- **Organise your finances**: Be aware of due dates for rent, tuition and scholarship payments; Check emails, Studielink and mailbox regularly for bills; keep track of receipts.
- **Develop your own style**: Align your spending with your values. Create and stick to a budget.

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Budgeting basics

- 1. Identify your monthly income
- 2. Make a clear picture of expenses
- 3. Subtract expenses from income
- 4. Set aside the leftovers
- 5. Put your plan into action
- 6. Review and adjust





A budget sheet example. You can find more **here**.

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Unexpected costs

Sometimes, things do not go as planned:

- Family emergency
- Laptop breaks down
- Bike stolen/damaged
- Currency from home country loses value
- Medical costs
- Need a new...



- So, expect the unexpected:
- Budget for unexpected costs, even if €15-20/month.



Inflation

Inflation has become a serious issue in many countries recently.

- If you are from a country where this is a rising issue, please plan accordingly
- If you are worried, reach out (SLO, UvA Student Councellors)
- Financial aid

It is always better to reach out as soon as possible.



How much money do I need?

Rough estimate:

All in euro, per year	2023-2024 Dutch & EEU/EEA	2023-2024 non EU/EEA
Tuiton fee	4.700	12.850
Accommodation	4.920	4.920
Insurance (approximate)	800	800
Books (rough estimate)	350-500	350-500
Visa/residence permit (approximately)	-	210
Living expenses (including food – rough estimate)	5.500	5.500
Total (estimate)	16.270 - 16.420	24.630 - 24.780

03

Government
Funding:
State Benefits and Tax
Exemptions



Benefits, Jobs, Saving Tips

- 1. Student allowance
- 2. Rent benefit
- 3. Healthcare benefit
- 4. Tax exemptions
- 5. Getting a job
- 6. Tips









- Annemoon
- Graduate Assistant for Services and Communications
 - What is a Graduate Assistant?
- Previously:
 - Humanities major, focus on culture, literature and anthropology
 - Peer Support chair
 - AUC Ambassador

1. DUO Student Finance

- Easy for **Dutch** students, not so much for **internationals**
- · Provided by the Dutch government, check out their website: Student finance DUO
- Basic grant, supplementary grant, student travel product, interest-bearing loan, tuition fee loan
- Do you have a Dutch passport?
 - Yes --> It will be easy
 - No --> There are some additional requirements
- For EU/EEA, Swiss or British students
 - You need to have a job
 - 56 hours per month or monthly income of at least 50% of the social security norm
 - OR your partner or parents works in the Netherlands
 - For full breakdown of the requirements check DUO's website
- EU/EEA, Swiss or British students can still apply for a tuition fee loan even if you are not eligible for student finance

2. Rent benefit



Approximately €200 on your rent for a single

• Eligibility?

- You are 18 years old
- You have the nationality of an EU country, Liechtenstein, Norway, Iceland or Switzerland or you have a residence permit & BSN number (you should all have that)
- You have a Citizen Service Number (Burgerservicenummer, BSN)
- You rent independent accommodation --> a single room
- Your rent (excluding service costs) is lower than €452,20
- Capital < €33.748 (Bank account etc.)
- How high your income is allowed to be depends on your rent, your age, and the composition of your household.

Important: Please do your own research as every situation can be slightly different and the regulations can change over time.

All info: <u>I live in a rented house (belastingdienst.nl)</u>



2. Rent benefit

Application Process

- You need a DigiD
- Log in on the <u>Mijn Toeslagen</u> (My Benefits) page:
 - Only in Dutch, so ask a friend if you need help
- DUWO provides you with the exact numbers on their website:
 - Log in > I rent > Financial Matters > Rent Composition (scroll to the bottom)
 - This is not the same as your normal rent
- You can also call the <u>Tax Information Line</u>
- Important: Get registered with the municipality! For this you need a BSN and DigID as well
- https://www.amsterdam.nl/en/civil-affairs/moving-amsterdam/

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3. Healthcare Benefit

Covers most of your health insurance

Eligibility?

- You are 18 years old
- You have a Citizen Service Number (Burgerservicenummer, BSN)
- You have the nationality of an EU country, Liechtenstein, Norway, Iceland or Switzerland or you have a residence permit & BSN number (you should all have that)
- You have a Dutch health insurance
- Income < €38.520; Capital < €127.582

Application Process

- You need a **DigiD**
- Log in on the <u>Mijn Toeslagen</u> (My Benefits) page
- You can also call the <u>Tax Information Line</u>
- All info: I have Dutch healthcare insurance (belastingdienst.nl)

4. Tax Exemption/Kwijtschelding

- If you have a low income, you can request to be exempt from certain municipal taxes:
 - The water tax
 - The trash tax
- Conditions:
 - Low income
 - Little savings and assets
 - Not yet paid: You can only apply for a waiver for amounts that you have not yet paid or that you paid less than 3 months ago
- How to apply?
 - Visit this website: https://www.amsterdam.nl/belasting-heffingen/
 - In Dutch: ask a friend if you need help (It is a long and annoying process)
 - Application forms will be sent with first tax charge

5. Getting a Job

How much can you work?

- You have the nationality of an EU/EEA country, Liechtenstein, Norway, Iceland, Switzerland or the UK
 - No need for a work permit.
 - Work as much as you want
- Other countries
 - Need to apply for a work permit
 - Work up to 16 hours a week throughout the year OR seasonal work during the summer
 - You need to apply for a work permit, your employer must do this for you
 - Doing an internship as part of your studies? No need for a work permit
 - Self-employed? No limit on the hours and no need for a work permit

5. Getting a Job - How?

- UvA Job Board
 - Exclusively for UvA students
 - Entry-level jobs, internships and study-related part-time jobs
- StudiJob
 - Student employment agency in Amsterdam
 - Study-related part-time jobs and entry-level positions
- Indeed.nl
 - Extensive database for vacancies all over the Netherlands in all kinds of sectors
- There are often a lot of vacancies in restaurants, bars, cafés and shops in Amsterdam. If you see a
 vacancy sign on the window, just walk in to ask for more information.
- If you have a job in the Netherlands -> You need to get Dutch health insurance!

6. Some interesting money-saving tips

Transport

- Public transport in the Netherlands is pretty expensive
- Get a discount subscription for <u>trains</u> or <u>other public transport</u>
 - You need a personalised OV card
- Get a bike! Second-hand is cheap
 - Make sure it's not stolen

Food

- "Turkish" Supermarket > Lidl > Jumbo > Albert Heijn (bonus) > Spar
- Have dinner with a group of friends (bulk is cheap!), make your own food
- Bring lunch Avoid Maslow/Polder/Spar/Cafeteria
- AUleftovers (Facebook group)
- Learn to cook!



6. Some money-saving tips

Make use of student discounts

- Use the gym at Universum USC
- Ask for discounts at cultural and social activities or institutions.
- Use software provided by the UvA (anything from Excel to video editing)
- Join student-run sport clubs

Clothes, furniture, books

- Second-hand stores
- AUC Buy Sell & Trade FB group, AUCBooks, etc.
- Facebook Marketplace, Marktplaats (online second-hand platform)

Taking pre-cautions

- Lock your bike, your room --> WINDOWS!, everything
- Don't leave your laptop or phone unattended in the AB



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Support Services

Support Resources

- I need help! What now?
 - "Financial aid" section on the AUC Student website
 - Student Life Officers
 - UvA Student Counselors
 - Tutor
 - The AUC Solidarity Fund
- Check out AUC Student website and the Student Handbook for more information about these groups.

AUC Solidarity Fund

- The AUC Solidarity Fund is a student-led initiative that provides financial aid for AUC students in cases of financial emergency as well as guidance to prevent such situations.
- The AUC Solidarity Fund is:
 - interest-free
 - fast response: emergency financial relief
 - anonymous
 - usually up to 500 Euro, but we examine each case individually
- Some examples of scenarios where students may want to apply for a loan include:
 - "I need money to pay for my flight back home"
 - "My laptop broke, and I need money to buy a new one"
 - "I lost my job so I can't pay rent this month"
- Contact: <u>solidarityfundauc@gmail.com</u>
- More information: <u>AUC Solidarity Fund Amsterdam University College</u>







How to apply?

- Go to the AUC Solidarity Fund page on the AUC website
- Click "Fill in the AUC Solidarity Fund Application Form"
- Download the form and fill it in
- Send it to the Solidary Fund via email

Activities

- Bake sales
- Free sessions on finance
- Fundraisers
- Collaborations (Naked Calendar collaboration with Scriptus and HandsOn, etc.)

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TO DO's

- 1. Make a budget spreadsheet for yourself
- 2. Read the government funding document thoroughly
- 3. Check out the financial resources

- http://www.auc.nl/admissions-aid/fees-costs/fees-costs.html
- http://www.auc.nl/admissions-aid/other-financial-support
- https://student.auc.nl/shared-content/a-z/financial-support/financial-support.html?origin=vBp9afmmRtStm548RpTuBQ

What's next?



Introweek

Two sessions on Wednesday 30 August

- Life at AUC
- Finances 101

September

One 2-hour workshop hosted by Our Bodies Our Voice

One workshop in smaller groups later on Wednesday(s) in September. You will be allocated into groups based on your tutor groups

If you have any questions for the SLOs or other members of the Wellbeing Team, feel free to come find us.

Message <u>studentlifeofficer@auc.nl</u>, come by room 3.22 or ask us a question whenever you see one of us around

