

We are here to help

Learn about AUC's student support services.

The following support networks and services are the main resources available to AUC students. Please note that this is not an exhaustive list and you may want to look into additional resources if necessary. As your first point of contact, talk to the Student Life Officers, your tutor or your General Practitioner.

Student Life Officers

Book an appointment online: bit.ly/slo-meeting-auc or send an email to studentlifeofficer@auc.nl

Office hours: Mon, Tue, Thu, Fri from 12:45 - 13:45

The Student Life Officers (SLOs) are your first point of contact at AUC for support on all issues related to student life. They are available to meet with students individually to offer support, advise on student life concerns and refer students to the appropriate support services. The SLOs are also responsible for developing and coordinating the work of the Well-Being Team, including the Graduate Assistant to the Student Life Officers, Resident Assistants and Peer Supporters.

General Practitioner

For more information go to student.uva.nl/en/information/general-practitioners-practice-uva

In the Netherlands your GP (huisarts) should always be your first point of contact when you are feeling unwell or need a referral for further tests or treatments, including lab tests, mental health services, physiotherapy etc. AUC students can seek medical treatment at the General Practitioners Practice UvA, where doctors are available with specific knowledge of student life. Visit a student doctor if you are sick, feeling down or have other health concerns. You are also welcome if you need a prescription, a lab test or a vaccination. You may also register with a different GP.

Tutors and Senior Tutor

AUC tutors are the first point of contact for students with academic concerns or questions. The tutoring system at AUC assigns each student a personal tutor who meets with them on a regular basis. The tutors provide advice on academic and administrative issues including selecting courses, academic developments or curriculum changes, academic provisions, and life after AUC.

In case of immediate issues:

Emergency

112

The national Dutch emergency number for police, ambulance and fire department.

Non-emergency

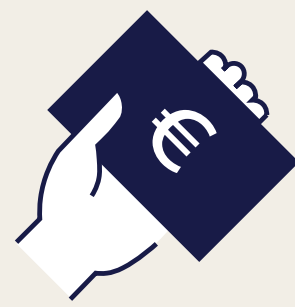
0900-8844

Local police number for non-emergencies.

UvA Security

+31 (0)20 525 2222

Contact point for reporting incidents within UvA [24/7].



FINANCES

Check available resources

"I need help with my finances."

UvA Student Counsellors

UvA student counsellors provide advice and information on student finance. All sessions are confidential.

> [Make an appt. through the UvA website](#)

"Are there funding resources?"

AUC Solidarity Fund

Emergency financial relief through an initiative of AUC students and staff. > [Visit the AUC Solidarity Fund website](#)

UvA Emergency Fund

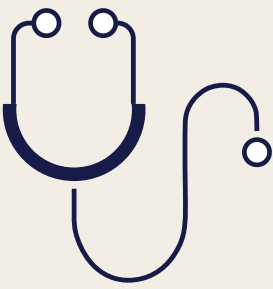
For emergency situations that lead to financial problems for students. > [Make an appt. through the UvA website](#)

UvA Profiling Fund

Financial support for specific students who fall behind schedule in their studies as a result of exceptional circumstances (such as illness or disability). > [Submit req. to UvA student counsellors](#)

DUO

You might qualify for financial support from the Dutch government. > duo.nl



HEALTHCARE

Contact your General Practitioner

"How do I see a doctor in the Netherlands?"

UvA General Practitioners Practice

A general practitioner that is open to new registrations for all AUC students.

> huisartsenamsterdam.nl

To see a specialist in The Netherlands, you need a referral from your general practitioner. UvA and VU also offer psychological services that specialise in student affairs and do not require a referral. If you need immediate help call **112**, contact your general practitioner or UvA General Practitioners at **+31 (0)20 525 2878**.

"I would like to talk to a professional."

UvA Psychologists

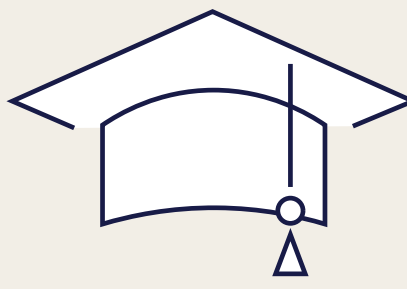
Short-term individual counselling and group workshops and trainings. Free of charge.

> [sign up via UvA website](#)

VU Student Psychological Counsellors

Short-term individual counselling for study-related problems. Introductory appointment is EUR 12.50.

> vu.nl/en/student/contact-student-guidance-and-support/student-psychological-counsellor



STUDENT SUPPORT

1st point of contact: Student Life Officers

"I am looking for support."

Student Life Officers

Student Life Officers can help with topics such as stress management, mental health, lack of motivation, study skills, family or relationship problems and residential life issues.

> auc.nl/shared-content/a-z/student-life-officers/student-life-officers.html

"I wish to report an issue."

UvA Confidential Advisers

Confidential advisers for undesirable behaviour.

> [see UvA website for contact details](#)

VU Student Ombudsman

For problems or complaints that cannot be resolved within the university.

> studentenombudsman@vu.nl

"I would like to talk to peers."

Peer Support

Students supporting students who are professionally trained in confidential, active and non-judgemental listening.

> peersup.auc@gmail.com



COURSE WORK

See your tutor or Student Life Officer

"I need more time in exams."

Request a Study Adjustment

Students with a disability, chronic illness or neurodivergence can apply for examination adjustments and/or teaching and learning adjustments.

> <https://student.auc.nl/shared-content/a-z/studying-with-disability-or-chronic-illness/studying-with-disability-or-chronic-illness.html>

"I believe we can improve..."

Student Council and Board of Studies

Talk with a member of the Student Council or Board of Studies to address your concerns. You can also address your ideas to the Student Life Officer or your tutor.

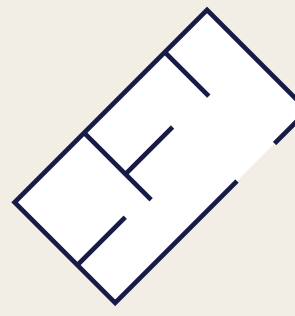
> [Student Council or Board of Studies](#)

"I need help with my writing skills."

AUC Writing Centre

Help with improving your writing skills. Appointments available online.

> auc.nl/current-students/auc-writing-centre/auc-writing-centre.html



CAMPUS LIFE

Talk to the Student Life Officer

"I have an issue at my residence."

Resident Assistants

AUC graduates living in the AUC student residences. Trained in general peer-support, first aid and emergency procedures.

> [auc.ra @ Instagram](#)
> **+31 (0)6 50 44 93 38**

"I cannot do a repair myself."

DUWO Repairs

Check whether the issue is the responsibility of the tenant or DUWO on the DUWO website. For immediate repair needs call 015-2516700 or submit a repair request on the DUWO website.

> [For repairs go to DUWO.nl](#)

"I have ideas or concerns about life at AUC."

Student Council

The AUC Student Council is there to represent your interests regarding all aspects of student life at AUC.

> auc.nl/about-auc/organisation/student-council

We are here to help

Are you looking for support with your well-being?
Professional staff and fellow students are here for you.

STUDENT LIFE OFFICERS

Reach out to an AUC Student Life Officer for help with matters regarding your (mental) health, and social and general well-being. You can schedule a private appointment, join a support group, follow one of their trainings or drop by during their office hours.



Lisa van Berkel



Aino Kekkonen



Roos Burmanje



Jet van der Wouden

Office hours

Monday, Tuesday, Thursday, Friday
from 12.45 to 13.45 in Room 3.22

Contact

Send an email to
studentlifeofficer@auc.nl

Appointments

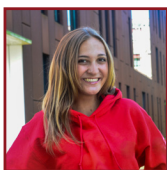
Scan the QR code
for availability



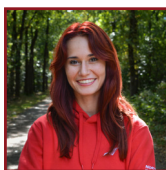
ACADEMIC TUTOR

If you have questions or are facing academic challenges, your tutor is your first point of contact.

RESIDENT ASSISTANTS



Hayden
Anderson



Ana
Vladescu



Mafalda
Candal



Aleina
Gandhi

Resident Assistants (RAs) are here to support your welfare, safety and matters related to living in the AUC student residences. If you experience an issue related to residential life, contact Hayden, Ana, Mafalda or Aleina.

Contact

Instagram: @auc.ra
Email: aucresidentassistant@gmail.com
Phone: +31 650449338

PEER SUPPORT

Whether you're looking for casual advice or just a friendly listening ear, there are students in our community ready to help. Many of your peers have navigated similar situations and understand what you're going through. Reaching out to Peer Support can be a great first step in sharing your concerns, finding your footing and identifying the (professional) help you may need.



Contact

Instagram: @aucpeersupport
Email: peersup.auc@gmail.com